

HELPFUL CONCEPTS OF THE ShA PROGRAM

1. We come to ShA to learn how to live a new way of life through the Twelve Steps Program of Shoplifter's Anonymous which consists of Tools, Twelve Steps, Twelve Traditions, ShA Literature, weekly meetings, telephone and personal contacts, slogans, promises, and living the Program one day at a time. We do not come for another person – we come to help ourselves and to share our experiences, strength and hope with other compulsive shoplifters.
2. We are experts only on our own stories, how we try to live the Program, how the Program works for us, and what ShA does for us. No one speaks of Shoplifter's Anonymous as a whole.
3. We respect anonymity – no questions asked. We aim for an atmosphere of love and acceptance. We do not care who you are or what you have done. You are welcome.
4. We do not judge – we do not criticize – we do not argue. We do not give advice regarding personal or family affairs.
5. The steps suggest a belief in a Power greater than ourselves – “God as we understand Him.” This can be human love, a force for good, the group, nature the universe, the traditional God (Deity), or any entity a member chooses as a personal Higher Power.
6. We may have different stories, but the underlying principles are the same or similar. We discover we are not unique in our difficulties.
7. Each person is entitled to his or her own opinions and may express them (within the precepts of ShA) at a meeting. We are all equal – no one is more important than another.
8. Part of the beauty and wonder of the ShA Program is that at meetings we can say anything and know it stays there. Anything we hear at a meeting, on the telephone, or from another member at any time is confidential, and is not to be repeated to anyone – mates, families, relatives, friends, or other ShA members